



## No. 2

### SECULAR PSYCHOLOGY AND THE BIBLE

#### Man vs. God

When we look at society today we realise secular psychology is considered ‘normal’. We need to challenge this belief system. The motto is: ‘As long as we don’t hurt anyone else, we can do what we like’. There are no moral boundaries any more, ‘what feels good is good’.

We need to be careful we Christians don’t embrace humanism. Our human side (the flesh) will always want to bring us to oppose God’s spiritual reality in us. We live in difficult times today where people need a solid foundation, a worldview which promotes the hope and security we have in God and an understanding of the times according to the Bible.

In the last Census in Australia we were asked to identify with a particular religion, this included – not surprisingly – humanism. The fact that humanism publicly is acknowledged as a religion shows the openness to this world trend. Humanism is the essence of the trend towards globalism i.e. centralised humanism.

Humanism has infiltrated the major areas of education, media and politics. Many Christian young people have fallen away from Bible-believing Churches as a result of being exposed to years of humanistic indoctrination in government schools. Those young believers who remained, while not totally abandoning their faith, now often have a belief system that is a mixture of confusing and conflicting worldviews.

For centuries, the theory of evolution, and in the last decades, climate change, are being used by the UN and other atheists and globalists to deceive and to spread fear in order to control us. The so-called ‘global warming’ phenomenon and the theory of evolution are both lies from the pit of hell. Both deny creation and therefore God’s Word. The claims these scientists make for these theories are absolutely ridiculous. Only people who don’t know the Bible can be deceived.

Yes, the climate changes, but it is a natural part of the way in which God designed our solar system. The sun alone determines the temperature of our planet. The reality is that God has full control, not us. Global warming is an economy, an ideology and also subtle politics calculated to intimidate and to exercise power over the world’s population. The Word of God is our safeguard for everything in life and also for the planet itself. Fear is the element used to control the masses. Both “global warming” and “evolution” bring fear, because there are no real answers in these theories. Outside of the Bible there is nothing which conquers the fear of death.

2 Timothy 3:16-17

“Every scripture is God-breathed, and is profitable for teaching, for conviction, for improvement, for training with respect to righteousness, in order that the man of God may be complete, fitted out for every good work.”

Romans 12:2

And stop assuming an outward expression that does not come from within you and is not representative of what you are in your inner being but is patterned after this age; but change your outward expression to one that comes from within and is representative of your inner being, by the renewing of your mind, resulting in your putting to the test what is the will of God, the good

and well-pleasing and complete will, and having found that it meets specifications, place your approval upon it.

## **The Christian counsellor**

There are only a few essential qualifications for a mature and competent counsellor.

- 1) Must have an extensive knowledge of the Scriptures.
- 2) Must depend on the Holy Spirit for guidance, wisdom, love and power.
- 3) Must consider every person as a unique case, not to compare with other cases.
- 4) Must not judge, but treat the counsellee with humility and compassion
- 5) Must be patient and caring, showing unconditional love.
- 6) Must rely on God's Word and not on own knowledge or experiences
- 7) Must counsel with spiritual authority and righteousness

The Christian counsellor considers the whole person, body, soul and spirit. Contrary to secular counsellors who only consider body and soul and man's theories, the Christian counsellor is to focus on the most important part of the person: the spirit. **IT IS ALL ABOUT SETTING THE CAPTIVES FREE.**

Every problem has a spiritual source. Although we see the manifestation in the natural (emotions, circumstances, etc.) the source is spiritual. The spiritual is above the natural; the spiritual created the natural. The spiritual is eternal whereas the natural is temporary.

The counsellee is focused on the emotional, relational, i.e. pain, hurt, guilt, fear, shame, etc. The counsellor is to focus on the person's spirituality, even though he/she might not be a believer. If the counsellee is a Christian, then the counsellor ought to counsel from the Heavenly Father's perspective, i.e. God speaking to His son/daughter through the counsellor. The counsellee needs to be made aware of his/her life in Christ, God's wisdom, power, healing and deliverance. It is God's love and truth that sets free.

The counsellee needs to see Jesus in the counsellor. The supernatural wisdom by the Holy Spirit, a word of wisdom, a Scripture directed to the heart, the love and power of God to set the captive free, the gifts of the Holy Spirit, these are the things that make the counsellee aware they are not just dealing with a man/woman, but with God's messenger. **We are to be messengers of God's love and grace to the person in need, TO MINISTER HEALING AND DELIVERANCE BY THE HOLY SPIRIT.**

All this will bring hope and faith to the person in need, as they see the supernatural and are able to receive the truth. The counsellor is to first be Christ to the person, then he/she will start to listen with the heart with interest and hope.

Remember, the counsellee needs to have their heart "awakened" and softened. Most of the time they are hardened in their hearts because of pain, hurt, rejection, guilt, fear, bitterness, etc. The heart is the main issue and not the intellect.

**A moment of truth touching the heart is much more powerful than hours and hours of intellectual talk and focus on the old self.**