



## No. 5

### SECULAR PSYCHOLOGY AND THE BIBLE

Jesus is our saviour, healer and deliverer. Medicine was provided by God in His creation, however, the spiritual is above the natural. We are to see everything from God's perspective. When we are sick, we go first to God in faith believing His Word and His promises. Too many Christians put their trust only in the medical profession and neglect God's truth and love and His mighty promises. There is no conflict in using natural resources and medicine, but we are never to forget our Heavenly Father has provided healing through our Lord Jesus at the Cross. God always has the last word, we need to depend on Him always in every situation. Focusing solely on the natural realm blocks faith and will impede the supernatural manifestation of God's power in our lives.

Isaiah 53:4-5

“Surely our griefs He Himself bore, and our sorrows He carried; yet we ourselves esteemed Him stricken, Smitten of God, and afflicted. But He was pierced through for our transgressions, He was crushed for our iniquities; the chastening for our well-being fell upon Him, and by His scourging we are healed.”

Knowing that sickness, hurt, pain, sorrow and death entered this world through sin, the source of man's physical dilemmas is therefore spiritual. We may be able to see the repercussions in the natural realm, however we should never lose sight of the fact that because the source is spiritual, the cure is also spiritual. We Believers have God's promises and our inheritance in Christ: this is the source of healing, restoration, peace and victory.

Secular psychology and “modern medicine” have replaced God's truth with “man's cure”: medication. Because the medical profession only considers the body and soul, and does not acknowledge the spirit, every approach to heal the soul with medication alone is ineffective. The soul of man is linked with the spirit and the source of a sick soul is spiritual. In some cases it is appropriate to administer medication, but it will not cure a sick soul; it might stop impulses or support the person's ability to function, but it will not heal; it will rather impede healing by numbing the emotions and the mind.

Secular psychology lacks God's supernatural love, wisdom, power and truth. Chemicals are used in many cases to compensate for the limitations of “man-made” theories and philosophies without God's foundation and truth.

Churches and congregations have been brainwashed into believing that only psychologically trained professional counsellors are competent to deal with serious problems. Christian leaders have bought into this incredible deception and now enthusiastically encourage Christians to be trained and to submit to the insights, methods, and findings of secular psychology.

I have met many people in the counselling room who had been clearly misdiagnosed by the medical profession. Some who were diagnosed schizophrenic were actually past-traumatised people who had been given heavy medication making the problem worse. Most people I have encountered who had emotional/mental problems were living with lies, believing lies. The lie is the no. 1 cause of mental illness. Believing lies for many years will not only bring confusion, this bad seed will grow into a bad tree. The person needs God's love and truth replacing the lies he/she believed.

For instance, a person who believes he or she is not worthy, is believing a lie. When a child is told “you are no good,” “you are stupid,” etc., this lie will bring rejection, insecurity, fear and torment. There is no medication able to take this lie out of a person. The only cure here is the love and acceptance of God in the person’s life. It is actually replacing a bad seed (the lie) which caused a bad tree to grow in the soul with a seed of love, truth and faith.

I have met many believers in the Lord Jesus who were taken into the psychiatric hospital and treated as delusional the moment they spoke about Jesus. The medical profession can’t discern the spiritual realm and will not know when a person is oppressed and demonised.

This is the contrast between man’s approach and Jesus’s approach. He gave believers the order to heal the sick and cast out demons. Sadly, a portion of the Body of Christ do not acknowledge nor believe that healing and deliverance are for today. The power of the Holy Spirit is in every believer, but it is seldom used because of wrong doctrine and unbelief.

### **A case study:**

A psychologist by the name of D.L. Rosenhan, a professor of Psychology and Law at Stanford University, had eight "perfect sane" people (Rosenhan himself, one graduate student, three psychologists, a pediatrician, a psychiatrist, and a woman who was a homemaker) admitted to 12 different mental hospitals. The attending psychiatrists were told that these "patients" were hearing voices. This was the only wrong statement; otherwise these normal people gave completely truthful histories to the psychiatrists. One of the "patients" was diagnosed as "manic-depressive"; all the others were diagnosed as "schizophrenic". Once admitted they acted perfectly normal, yet were held for 7 to 52 days and were given over 2,100 pills total.

Christians would do well to carefully examine the counselling philosophy of any therapist before accepting his or her advice. Some psychologists who have a genuine faith in Christ will doubtless give better advice than the average secular therapist. Yet the fact remains that while there may be an occasional trustworthy psychologist, Christians cannot uncritically trust a counselling system that is based upon non biblical foundations. To us the biggest problem with “professional” secular counsellors would appear to be how little emphasis (or none) there is put on God's power to change people's lives and by ignoring the spiritual realm. The law of the land has supplanted former godly principles which are now considered “old-fashion” This is the result of applying man’s philosophies instead of God’s principles.

Unfortunately, a large part of the Body of Christ has also accepted and adopted these deceptive approaches. The devil always counterfeits what God has established. He does it subtly as he did with Adam and Eve. Today the psychological “doctrines” have spread in both secular and Christian media. At our public schools they are teaching our children to believe in self, to seek “inner fulfilment”, this to the extreme that they are encouraged to pursue any “so called” sexual orientation. This brings confusion and the amount of these poor kids wanting to be of the opposite sex is growing. It is manipulation bringing confusion and cruelty because this goes against God’s creation and instead of healing, it brings destruction. They call it “transgenda”, well it is simply the devil’s work. God has wonderfully created us with a plan and purpose.

Psalms 139:14

**I will give thanks to You, for I am fearfully and wonderfully made; wonderful are Your works, and my soul knows it very well.**

Secular philosophy has shaped our society further into lawlessness. People’s consciences have been desensitised and the wrong influences rampant in social media, movies, TV, etc. are seriously exacerbating this problem. In general terms, immorality is seen as “normal”. **The Bible describes it as LAWLESSNESS.**