



No. 4

THE SPIRIT OF FEAR

WAKING UP TO SPIRITUAL REALITY

We need to acknowledge the impact the spirit of fear has in our lives. Fear will impact our thoughts, emotions, health, relationships, decision making and consequently much more. Our lives will be reduced to a life in the natural realm with the limitations imposed by our own thoughts and imaginations.

The spirit of fear operates in our souls affecting our mind, emotions and will. This oppression of the enemy will not leave until dealt with spiritually i.e. by the power of the Holy Spirit.

DON'T OWN FEAR

I sometimes hear Christians say: “my fear” or “my anxiety” or “my OCD” etc. The moment you speak like this, without realising it, you are making a choice to own fear. Your words have power (Prov. 18:21). People do this out of ignorance, not deliberately, but unfortunately the repercussions of embracing fear and other bondages are devastating. WHAT YOU CHOOSE TO ACCEPT BECOMES YOURS. Free will is a gift from God, however our Heavenly Father has instructed how to make good use of our free will.

Deuteronomy 30:15

“See, I have set before you today life and prosperity, and death and adversity.”

Deuteronomy 30:19

“I call heaven and earth to witness against you today, that I have set before you life and death, the blessing and the curse. So choose life in order that you may live, you and your descendants.”

Yes, this is the Old Testament, but the reality of our free will to choose between life and death, blessings and curses is real today. Believers in the Lord Jesus Christ don't inherit curses from ancestors; a curse is simply something God cannot bless, i.e. disobedience to God's Word.

Contrary to the Old Testament, in the New Testament we have inherited all the blessings of Abraham and also our life in Christ. They are already ours! We are therefore to embrace life and prosperity and nothing else the enemy would attempt to force on us. Disobedience to God's Word will have negative consequences.

You choose!

We have a free will to either embrace what God has given us or to own what the devil has prepared for us if we “take the bait”. We have a free will and we will misuse it when we are misguided.

Our will, the key

The key to deliverance is the will. We are in charge of our will, we have a free God-given will. God has already given us the power, His Word, His Holy Spirit and the Name of Jesus. Keeping the spirit of fear in our soul means we are not exercising our will to cast it out of our souls. God has given us everything we need to be free. Not to be free from trials and tribulations, but free from the oppression of the enemy and free to experience victory. The Holy Spirit has given us freedom and liberty, we are to be constantly aware of it.

2 Corinthians 3:17

“But the Lord is the Spirit and where the Spirit of the Lord is there is liberty.”

In our first lecture we acknowledged the price you pay for allowing fear in your life:

Fear steals your peace and joy
Fear leads you to make wrong decisions
Fear brings defeat
Fear is a spirit of darkness that will oppress you
Fear brings unbelief and doubt
Fear will affect relationships
Fear will affect your relationship with God, it takes away clarity
Fear will open the door to other bondages such as rejection, shame, guilt, etc
Fear will ignite pride, the flesh, because fear comes from the sinful nature
Fear is the opposite of faith and hope
Fear is torment
Fear will affect your conscience
Fear brings confusion
Fear will affect your health, i.e. first your soul and then in time, your body
Fear takes away courage and boldness
Fear takes away God's wisdom
Fear makes you rely on self for protection
Fear is meditating on the devil's works
Fear is negative and will cause our brains to produce toxic chemicals that are destructive and unhealthy

It is imperative to keep in mind that fear is a thief; a bondage to steal our peace, our joy, our freedom and the abundant life Jesus has given us in His inheritance.

It is quite interesting that people don't want anybody to take advantage of them, and yet they allow the enemy to take advantage of them by accepting fear, this is because they see everything in the natural. The flesh (self) rebels against being abused by others, but the flesh is not aware of Satan taking advantage of them. This is why we need to live a spiritual life, then we are spiritually aware and fight against the principalities and powers which are against us in order to obtain the victory.

Knowing the Word alone does not mean that we are spiritually minded and that we live by the Spirit. Knowing the Word and applying it is what makes us spiritual and capable of not being oppressed by the enemy. If we entertain fear it is because we are still living in the flesh.

Thoughts of fear might invite you to embrace it, but if you are spiritual, you will block it, take authority and cast it out of your mind before it takes root. The spirit of fear wants to remain in you. You are to reject and repel it by the power of the Holy Spirit and God's Word.

Fear becomes a bad habit when entertained. This habit can be in a person for their entire life. It becomes a bad lifestyle and a part of the personality. Instead, we must constantly reject fear and have the peace of God in us as a lifestyle. We are to embrace our identity in Christ which does not include fear.

God has given us victory on a "silver platter," so to say. It is done, we just need to take it, receive it and apply it into our lives. Instead of living by a spirit of fear, we live by the power of the Holy Spirit. The devil is defeated but he invites believers to embrace his lies in order to bring fear and defeat to God's children. This is spiritual warfare and we have the weapons to smash the enemy.

GLORY BE TO GOD!