KINGDOM LIVING COLLEGE







Fear will hinder our capacity to receive the seed of God's Word Luke 1:30

"And the angel said to her, stop fearing, Mary, for you found favor in the presence of God."

The angel of the Lord told Mary not to fear. He had a message from God and he knew that with fear, Mary would be unable to receive it. First she had to let go of fear and then she was able to receive the Word of God into her heart. It is the same with us, when we entertain fear, worry, anxiety and its repercussions, we cannot receive the seed of the Word of God into our hearts. We are hindered by a spirit of fear that wants to steal the Word from us. This will hinder our faith to receive the promises of God.

Like Mary, we need to know we have also found favour in the presence of God. By grace, we are as precious to God and as close to His heart as Jesus Himself is (1 Peter 2:7). The Holy Spirit and God's Word tell us not to fear. Fear pollutes the "soil in our hearts" and the seed can't take root to grow and bear fruit. The seed is the Word of God. We, the branches, need to be attached to the vine (Jesus) and not to be controlled by fear.

Mark 4:18-19

"And others are those who are are being sown in the midst of thorns. These are those who heard the Word, and the anxieties of the present age, and the deceitfulness of wealth, and the passionate desires with reference to the rest of the things not in these categories entering in, choke the Word, and it becomes unfruitful."

To see God's Word, the seed, bearing fruit in our lives we need to be free of the "anxieties of the present age" and anything which is not from God. Fear and other strongholds choke the Word and render it unfruitful.

Fear is a spiritual disease

First fear causes you emotional "dis-ease" and then in time it becomes a physical disease. The stress and insecurity fear brings to your life makes your soul sick. God has not created us to live with fear. While fear entered this world through Adam's disobedience, Jesus has reversed it at the cross, so that we believers can live free of fear. The problem is, most Christians accept fear as a normal part of life instead of seeing it as what it is, a spirit of Satan.

The "normal" side of fear

We have been given an instinct for the preservation of our lives. For example, if we see a poisonous snake next to us we are immediately alarmed and will surely act in order to protect ourselves. There are situations where we need to be alarmed, but this might be just for a moment.

Fear wants to control you

When we allow fear to be a part of us, this not only affects our emotions but also our spirituality, because fear is the opposite of faith. Fear can be a permanent oppression if we don't take authority over it.

Wisdom and fear

There is a huge difference between wisdom and fear. So many times we can "justify" our lack of courage and boldness by pretending to act in wisdom while it is actually fear stealing the seed of God's wisdom.



We need God's Word (the seed) in order to be free from fear!

Here are some seeds to plant in our hearts:

1 Peter 3:13-14

"And who is he that will do you evil if you become zealots of the good? But if even you should perchance suffer for the sake of righteousness, you are spiritually prosperous ones. Moreover, do not be affected with fear of them by the fear which they strive to inspire in you, neither become agitated."

1 Peter 5:7-8

"having deposited with Him once for all the whole of your worry, because to Him it is a matter of concern respecting you. Be of a sober mind, be watchful. Your adversary who is a slanderer, namely, the devil, as a lion roaring in fierce hunger, is constantly walking about, always seeking someone to be devouring."

Hebrews 13:5-6

"Let your manner of life be without love of money, being satisfied with your present circumstances. For He himself has said, and the statement is on record, I will not, I will not cease to sustain and uphold you. I will not, I will not, I will not let you down. So that, being of good courage, we are saying, The Lord is my helper. I will not fear. What shall man do to me?"

Matthew 6:34

"Therefore, do not begin to worry about tomorrow, for the next day will take care of its own interest. Sufficient to the day is its trouble."

Romans 8:38-39

"For I have come through a process of persuasion to the settled conclusion that neither death nor life, nor angels, nor principalities, nor things present, nor things about to come, nor powers, nor height, nor depth, nor any other created thing will be able to separate us from the love of God which is in Christ Jesus our Lord".

Romans 8:15

"For you did not receive a spirit of slavery again with resulting fear, but you received the Spirit who places you as adult sons, by whom we cry out with deep emotion, Abba, [namely] Father."

Psalm 34:4

I sought the Lord, and He answered me, and delivered me from all my fears.

Psalm 94:19

When my anxious thoughts multiply within me, your consolations delight my soul.

Psalm 27:1

The Lord is my light and my salvation; whom shall I fear?

Psalm 56:3

When I am afraid, I will put my trust in You.

Our Heavenly Father delights in us trusting Him. Trusting Him means honouring Him and showing our love and dedication to the wonderful life He has given us. Fear is disobedience and distrust in what our Lord Jesus has done for us at the cross.