



Lecture 1

Meditating On The Word of God

Meditating on the Word of God is the spiritual and mental process of “digesting” Scripture so that it becomes a living part of my life. Meditating on the Word is not thinking *my thoughts* about God, rather, it is *taking God's thoughts* and thinking about them. In this way we renew our minds with God's Word and learn to think as God thinks by the Holy Spirit. We need to receive the Word of God with the awareness that the Word is Jesus. **Jesus is the Word.** Without this understanding we will not give the Word of God our **full attention** nor receive the full impact of the Word.

John 1:1-4 (Wuest translation)

“In the beginning the Word was existing. And the Word was in fellowship with God the Father. And the Word was as to His essence absolute deity.² This Word was in the beginning in fellowship with God the Father.³ All things through His intermediate agency came into being, and without Him there came into being not even one thing which has come into existence.⁴ In Him life was existing. And this aforementioned life was the light of men.”

Reading or hearing Scripture needs to be done with our hearts “connected”. As we read or listen, aware that **we are planting the seed of the Word, Jesus**, the Holy Spirit will give us supernatural understanding. Meditating on the Word is the way to plant “the seed”. The Word is the seed and is to be planted - and remain - in our hearts. The Word of God never fails.

Isaiah 55:11 (NASB)

So will My word be which goes forth from My mouth; It will not return to Me empty, Without accomplishing what I desire, And without succeeding in the matter for which I sent it.

1 John 14

“And the Word, entering a new mode of existence, became flesh, and lived in a tent [His physical body] among us. And we gazed with attentive and careful regard and spiritual perception at His glory, a glory such as that of a uniquely-begotten Son from the Father, full of grace and truth.”

It is very much like a cow chewing her cud. In order to get all the nourishment available to her from her food, she chews her food over and over until it is completely digested. God has stated the fact that we need the bread of life:

Luke 4:4 (Wuest translation)

“And Jesus answered him, It has been written and is now on record, The individual person shall not live on bread alone.” (quoting Deuteronomy 8:3)

Deuteronomy 8:3 (NASB)

“Man does not live by bread alone, but man lives by everything that proceeds out of the mouth of God.”

John 3:6 (Wuest translation)

“That which has been born out of the flesh is flesh and by nature, fleshly. And that which has been born out of the Spirit, is spirit, and by nature, spiritual.”

The intake of God's Word is accomplished, not through the physical or mental faculties of a man, but through the Holy Spirit.

A PERSON IS SENSITIVE TO THREE WORLDS - HIS SPIRITUAL, MENTAL AND PHYSICAL SYSTEM.

THE MENTAL AND PHYSICAL ARE TO COME UNDER THE AUTHORITY OF THE HOLY SPIRIT

THE SINFUL NATURE OPPOSES THE HOLY SPIRIT

Galatians 5:17 (Wuest translation)

“...For the evil nature constantly has a strong desire to suppress the Spirit, and the Spirit constantly has a strong desire to suppress the evil nature. And these are entrenched in an attitude of mutual opposition to one another so that you may not do the things that you desire to do.”

Romans 8:10-11 (Wuest translation)

“But, assuming that Christ is in you, on the one hand the body is dead on account of sin, but on the other hand the [human] spirit is alive on account of righteousness. And assuming that the Spirit of the One who raised up Jesus out from among the dead is in residence in you, He who raised from among the dead Christ Jesus, will also make alive your mortal bodies through the agency of the Spirit who is resident in you.”

THE WORD OF GOD IS THE WEAPON OF THE HOLY SPIRIT

John 6:63 (Wuest translation)

“The Spirit is He who makes alive. The flesh is not of any use at all. The words which I have spoken to you, spirit are they and life.”

Ephesians 6:17 (Wuest translation)

“and take the helmet of salvation, and the sword of the Spirit which is the word of God.”

THE SPIRIT OF A MAN IS THE FACULTY THAT CONFIRMS SCRIPTURE IS GOD'S WORD

This is only possible if you have received the Holy Spirit of God into your spirit.

1 Corinthians 2:9 (Wuest translation)

“But even as it stands written, The things which eye did not see nor ear hear and which did not arise within an individual's heart, so many things as God prepared for those who love Him.”

A REBORN PERSON 'KNOWS' GOD'S WORD IS TRUE!

1 Corinthians 2:10 (Wuest translation)

“for to us God the Father revealed them through the intermediate agency of His Spirit. For the Spirit is constantly exploring all things, even the deep things of God.”